



July 2022

City of Issaquah Senior Center Lunch Menu

Phone: 425-837-3339 Mon—Fri, lunches served 12-12:30 pm

| Mon | CCS Lunch | Tue | CCS Lunch | Wed | City Lunch | Thu | City Lunch | Fri | City Lunch |
|---|-----------|--|-----------|--|------------|--|---|--|------------|
| <p>Suggested Contribution is <u>\$4.50</u> for 60+ years old & Cost is <u>\$6.50</u> for under 60 years old. <u>First Come, First Serve</u> This Menu is subject to change. Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.</p> | | | |  | | | <p>1 Fish and Chips Coleslaw Ice Cream Cup</p> | | |
|  | | <p>5 Caribbean Pork Chops with Peppers Pineapple Cornbread</p> | | <p>6 Philly Cheese Steak Sandwich Green Salad</p> | | <p>7 Beef Stew Cornbread Fruit</p> | | <p>8 Salmon Filet Rice Green Salad Ice Cream Bar</p> | |
| <p>11 Fish Tacos Rice and Beans Berries and Whip Cream</p> | | <p>12 Flank Steak New Potatoes Arugula and Asparagus</p> | | <p>13 Cheeseburgers Oven Fries Ice Cream Cup</p> | | <p>14 BBQ Ribs Coleslaw Chips</p> | | <p>15 Shrimp Salad Garlic Bread Fruit</p> | |
| <p>18 Chicken Tetrizzini Tossed Salad with Cabbage and Garbanzo Beans</p> | | <p>19 Salmon German Potato Salad Broccoli and Cauliflower Bread Sticks</p> | | <p>20 BBQ Chicken Potato Salad Baked Beans</p> | | <p>21 Stuffed Peppers Salsa Rice Oatmeal Cookie</p> | | <p>22 Tuna Melt Pickle Chips Fruit Cup</p> | |
| <p>25 Chicken Caesar Salad Baked Apple</p> | | <p>26 Swiss Cheeseburger Lettuce and Tomato Sweet Potato Fries Mixed Berries</p> | | <p>27 Pork Tenderloins Hot Vegetables Mashed Potatoes</p> | | <p>28 BBQ Bratwursts Potato Salad Chips NCL Ice Cream Social (National Charity Leagues)</p> | | <p>29 Seafood Soup Red Lobster Biscuits Cookie</p> | |



City of Issaquah Lunch- Buy 5 tickets for \$20.00 and save 50¢ per meal. Cash, Checks, Credit Cards Accepted

CCS Lunch—Exact Cash & Checks only, NO Credit Cards

Lunch Served 12-12:30 pm