

## City of Issaquah Senior Center Lunch Menu

Phone: 425-837-3339 Mon-Fri, lunch is served 12-12:30 pm

Lunch Tickets on sale @ 11:30am

# February 2023



Mon	CCS Lunch	Tue	CCS Lunch	Wed	City Lunch	Thu	City Lunch	Fri	City Lunch
				<b>1 Breakfast Casserole</b> Fruit Bowl English Muffin	<b>2 Beef Burrito</b> Lettuce, Tomato, Sour Cream, Guacamole, Refried Beans	<b>3 Seafood Soup</b> Red Lobster Biscuits Cookie			
<b>6 Beef Tostada</b> Refried Beans Mandarin Orange Lemon Pudding	<b>7 Chicken Cacciatore</b> Zucchini & Tomato Medley Wheat Roll, Pears			<b>8 Barbeque Chicken</b> Green Salad, Baked Beans	<b>9 Beef Stew</b> Cornbread	<b>10 Chef's Salad</b> Garlic Bread Yogurt			
<b>13 Beef Macaroni</b> Broccoli, Wheat Roll Applesauce	<b>14 Chicken Cheese Taco</b> Cauliflower, Salsa, Guacamole Caramelized Bananas			<b>15 Pizza</b> Ceasar Salad	<b>16 Reuben</b> Sandwich on Rye Chips	<b>17 Salmon Filet</b> Rice, Green Salad			
		<b>21 Beef Goulash</b> Broccoli, Pound Cake, Strawberries, Whip Cream	<b>22 Grilled BLTA</b> (bacon, lettuce, tomato, avocado) Oven Fries, Coleslaw		<b>23 Chicken Caesar Salad</b> Garlic Bread, Fruit	<b>24 Meatloaf</b> Mashed Potatoes Cole Slaw			
<b>27 Beef Stir Fry</b> Fried Rice with Egg, Peas & Carrots, Fortune Cookie, Ice Cream Cup	<b>28 Fish and Chips</b> Coleslaw, Yogurt, Strawberry Rhubarb Compote					Suggested Contribution is \$4.50 for 60+ years old & Cost is \$6.50 for under 60 years old. <b>First Come, First Serve</b>		This Menu is subject to change. Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.	

City of Issaquah Lunch- Buy 5 tickets for \$20.00 and save 50¢ per meal. Cash, Checks, Credit Cards Accepted

CCS Lunch—Exact Cash & Checks only, NO Credit Cards **Lunch Served 12-12:30 pm**