



ISSAQUAH

**nourishing
networks**

Need Help?

Overall Help

Helpline Center - (Information and Referral)

Dial 2-1-1 or 800-621-4636 (Mon-Fri 8 am-6 pm)

24 Hour Crisis Line 866-427-4747

Teen Link 866-833-6546, 6-10 pm, 866teenlink.org

Food & Clothing

Issaquah Food and Clothing Bank 179 1st Ave SE, Issaquah,
425-392-4123, issaquahfoodbank.org,
Mon & Wed 5-7 pm, Tues-Thurs 10 am-1 pm

Issaquah Meals Program - Catholic Community Services
180 E Sunset Way, 425-679-0342, Mon-Fri 5-6 pm Food
and Hospitality, Thurs 12-1pm, Sat 5-6 pm, Sun 4-5 pm

Hopelink Redmond Food Bank by appt: 425-882-0241

Physical, Mental Health and/or Substance Abuse

Friends of Youth 414 Front St N, Issaquah, 425-392-6367
HealthPoint 425-882-1697

IKRON of Greater Seattle 425-968-5921

Therapeutic Health Services (THS) 425-747-7892

Youth Eastside Services 425-747-4937

Housing & Shelters

Coordinated Entry for All (CEA) - East King County,
Catholic Community Services, Dial 2-1-1

Friends of Youth- The Landing (Youth Shelter)
16225 NE 87th St, Unit A-1, Redmond, 425-449-3868

Congregations for the Homeless, (Men's Shelter)
515 116th Ave NE #150, Bellevue, 425-289-4044

The Sophia Way (Women's Shelter)
3032 Bellevue Way NE, Bellevue, 425-463-6285

Emergency Financial Assistance

Issaquah Community Services 425-837-3125

St Vincent de Paul 206-767-6449

Hopelink 425-943-7565

Job Assistance

HopeLink 425-250-3030, hopelink.org

HERO House NW 425-614-1282

IKRON of Greater Seattle 425-968-5921

WorkSource 888-316-5627, worksourcewa.com

Other Services

Eastside Friends of Seniors 425-369-9120

Eastside Legal Assistance 425-747-7274

LifeWire (Domestic Violence) 425-562-8840