**Favorite Hikes**

If you’re interested in exploring the trail network in our backyard, check out some favorite hikes in the Issaquah Alps and other destinations throughout our community.

**Grand Ridge Trails**

- **SAGE Rim Trail**
  - DISTANCE: 2 miles
  - ACCESS POINTS: East Sunset Way, Trailhead West Ridge Trailhead, and Trailhead East Ridge Trailhead
  - **ELEVATION GAIN:** 1,760 feet

- **Issaquah-Preston Trail (East Lake Sammamish Trail)**
  - DISTANCE: 0.6 miles
  - ACCESS POINTS: High Point Trailhead and Fourth Avenue Northwest Trailhead
  - **ELEVATION GAIN:** 1,000 feet

- **Tradition Plateau**
  - DISTANCE: 1.5 miles
  - ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger trailheads
  - **ELEVATION GAIN:** 1,760 feet

With trails for hiking, horseback riding, and mountain biking, Grand Ridge offers something for everyone. Take a break at our various rest stops, with some having Houston Trail Access Trails.

**Central Park, East Sunset Way, High Point, and Park Pointe trailheads**

With more than 200 miles of trails, over a dozen trailheads and 1,000 acres of open space in our backyard, it’s easy to see why Issaquah is nicknamed Trailhead City.

Centered within the Issaquah Alps — Cougar, Squak and Tiger Mountains — our community is a destination for countless outdoor enthusiasts.

Our trail network connects Issaquah to a vast array of public open space that surrounds our community.

We invite you to explore some of our favorite outdoor destinations, and find out why our community is a Trailhead City!

Recognized as one of Outside Magazine’s Best Hikes, Issaquah offers many opportunities to get outside and explore our natural environment.

Whether you want a family-friendly walk or something to get your blood pumping and your legs burning, try some of our favorite hikes to get acquainted with our outdoor offerings.

**Tradition Plateau**

- **Adirondack Trail**
  - DISTANCE: 0.5 mile
  - ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger Trailhead
  - **ELEVATION GAIN:** 1,760 feet

Adirondack Trail, developing a craggy ridge between the High School Trail and Painted Power House Trail, was named after the Puget Plateau Mountain system. With more than 120 miles of trails, a thick forest of alpine and subalpine plants along the route — successional, deer, and where it winds.

- **Brin Trail**
  - DISTANCE: 0.6 mile
  - ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger Trailhead
  - **ELEVATION GAIN:** 1,760 feet

Brin Trail was named after the Brin family who owned the land before the city of Issaquah. It follows the ridge of the Tradition Plateau and provides an occasional view over the Issaquah 350 road and over to Grand Ridge.

- **Ruth Kees Big Tree Trail**
  - DISTANCE: 0.5 mile
  - ACCESS POINTS: East Sunset Way, Park Pointe and West Tiger Trailhead
  - **ELEVATION GAIN:** 1,760 feet

Ruth Kees Big Tree Trail was named after the Ruth Kees family who owned the land before the city of Issaquah. It follows the ridge of the Tradition Plateau and provides an occasional view over the Issaquah 350 road and over to Grand Ridge.

**Safety Information**

**Wildlife Safety**

If you see a bear, recognize that it is an animal that could cause severe injury. Do not try to approach or feed it. Keep your distance, and do not make eye contact. If a bear is in your campsite, canister-substitute, or a metal bear canister that you should have on hand. Never leave the canister or canister-substitute unattended.

**Do you want to expand your travel options, Issaquah?**

Learn more at issaquahwa.gov/salmonfriendlytips

**Contact Information**

Emergency:
- Issaquah Police Department: 425-888-1234
- Washington State Patrol: 360-832-0500
- Washington Department of Natural Resources: 360-902-2200

King County: 206-476-1127
- King County Sheriff’s Office: 206-296-7387

Visit issaquahwa.gov/travel to learn more about travel options. You can also find our trails map at issaquahwa.gov/trails.

**Map Index**

- Adirondack Trail
- Around the Lake Trail
- Brin Trail
- Bus Trail
- East Lake Sammamish Trail
- Grand Ridge
- Issaquah Pines Trail
- Mountain Biking Trails
- Painted Power House Trail
- Poo Poo Point Trail
- Puget Power Road/Trail
- Ruckus Trail
- Squak Valley Trail
- Swamp Trail
- West Tiger Trail

**10 Essentials**

When you set out to explore the Issaquah Alps, or any trail, remember to fill your backpack with the 10 essentials — important items that could help save your life. Check those items and know how to use each one.

- Navigation
- Sun protection
- Insulation
- Illumination
- First aid supplies
- Food
- Repair kit
- Basic tools
- Water
- Emergency whistle

**Issaquah Trails**

[Image of Issaquah trails]

[City of Issaquah logo]

[ISSAQUAH WASHINGTON]

[City of Issaquah Parks & Recreation Department]

[issaquahwa.gov/trails]