

October 2020

Lunch To Go—City of Issaquah Senior Center

Mon, Wed & Thu City of Issaquah / Tue & Fri CCS - TIME 12—12:30pm

Mon City Lunch	Tue CCS Lunch	Wed City Lunch	Thu City Lunch	Fri CCS Lunch
<p>Suggested Contribution is \$4.50 for 60+ years old & Cost is \$6.50 for under 60 years old.</p> <p>This Menu is subject to change.</p> <p>Consuming Mishandled Leftover Food May Increase Your Risk of Food Borne Illness.</p>			<p>1 Shepherds Pie, Sauteed Asparagus, Green Salad, Vanilla Pudding Cup</p>	<p>2 Beef Chili Colorado Broccoli, Cauliflower, Orange</p>
<p>5 Cobb Salad: Chicken, Gorgonzola, Tomatoes, Egg, Bacon, Avocado, New England Clam Chowder, Oreo Cookies</p>	<p>6 Chicken Cacciatore Zucchini & Tomato Medley, Wheat Roll, Pears</p>	<p>7 Guest Chef Nong Daks! Southern Thai Chicken Curry over Rice, Tri-Colored Pickles, Nun Banana (bananas w/ Thai tapioca in coconut milk)</p>	<p>8 Blue Plate Special Meatloaf Mashed Potatoes, Fresh Green Beans, Chobani Yogurt Cup</p>	<p>9 Baked Cod Roasted Mediterranean Veggies, Oatmeal Raisin Cookie</p>
<p>12 New York Style Meatball Sub Sandwich, Pasta Salad, Fig Newtons</p>	<p>13 Chicken & Cheese Taco Salsa, Guacamole, Cauliflower, Caramelized Bananas</p>	<p>14 Breakfast for Lunch Gut Buster Omelet (ham, cheese, onion, peppers, mushroom), Hash Browns, Croissant</p>	<p>15 Annette's Fried Chicken, Buttered Noodles, Paprika Carrots, Chocolate Pudding Cup</p>	<p>16 Pork Chops w/ Apples Cucumber Tomato Feta Salad, Rice Pudding</p>
<p>19 Beef Ravioli w/ Marinara Sauce, Hot Italian Sausage, Madeleines (French Butter Cookie)</p>	<p>20 BBQ Pork Loaded Baked Potato Lemon Garlic Broccoli, Apple Sauce</p>	<p>21 Coq Au Vin w/o the Vin (chicken stew), Garden Salad, Ghirardelli Brownie</p>	<p>22 Grilled Brats w/ Onions, Oven Browned Potato, Coleslaw</p>	<p>23 Creamy Tomato Fettuccine String Beans, Roll, Fruit Cocktail</p>
<p>26 Pastrami Reuben on Marbled Rye Bread, Potato Salad, Chips</p>	<p>27 BBQ Chicken, Pasta Salad, Green Beans, Pinto Beans, Ice Cream, Pineapple Sauce</p>	<p>28 Homemade Beef Lasagna, Caesar Salad, Chocolate Cake</p>	<p>29 Pork Tenderloin, Rice Pilaf, Gravy, Corn, Grandma's Cookie</p>	<p>30 Fish & Chips, Coleslaw, Yogurt, Strawberry Rhubarb Compote</p>

City of Issaquah Lunch- Buy 5 tickets for \$20.00 and save 50 cents per meal. Checks, Credit Cards Accepted.

Catholic Community Lunch—Cash and Checks only NO Credit Cards Time: 12 pm to 12:30 pm



OF WESTERN WASHINGTON